

**St David's Nursing Home STANDARD DIET**

Your Menu Choices for next week commencing 22<sup>nd</sup> April 2024

Your Name.....

Room Number .....

**Lunch Menu**

**Monday**

Chicken & Vegetable Pie	
Ham, Egg & Chips (Vegetarian sausages available)	
A Choice of Potatoes A Selection of Seasonal Vegetables	
Choice of Salads	
Apple pie served with Custard/Cream	
A selection of Homemade Cold Desserts and Yoghurts and Fruit	

**Tuesday**

Traditional Sausage & Mashed Potatoes	
Fish in Cheese Sauce	
A Choice of Potatoes A Selection of Seasonal Vegetables	
Choice of Salads	
Sticky Toffee Pudding Served with Custard & Cream	
A selection of Homemade Cold Desserts and Yoghurts and Fruit	

**Wednesday**

Roast Beef with Traditional Accompaniments	
Homemade Quiche	
A Choice of Potatoes A Selection of Seasonal Vegetables	
Choice of Salads	
Bakewell Tart served with Custard/Cream	
A selection of Homemade Cold Desserts and Yoghurts and Fruit	

**Thursday**

Chicken & Vegetable Casserole	
Vegetarian Tikka Masala & Rice	
A Choice of Potatoes A Selection of Seasonal Vegetables	
Choice of Salads	
Rhubarb Crumble served with Custard/Cream	
A selection of Homemade Cold Desserts and Yoghurts and Fruit	

## Friday

Battered Cod served with Tartare Sauce	
Cooked Sausages	
A Choice of Potatoes	
A Selection of Seasonal Vegetables	
Choice of Salads	
Rice Pudding with Nutmeg Served with Cream	
A selection of Homemade Cold Desserts and Yoghurts and Fruit	

## Saturday

Cumberland Pie	
Creamy Vegetable Cheese Bake	
A Choice of Potatoes	
A Selection of Seasonal Vegetables	
Choice of Salads	
Somerset Apple Cake Served with Custard/Cream	
A selection of Homemade Cold Desserts and Yoghurts and Fruit	

## Sunday

Roast Lamb with traditional accompaniments	
Roast Pork served with traditional accompaniments	
A Choice of Potatoes	
A Selection of Seasonal Vegetables	
Choice of Salads	
Cooked Apricots served with Custard/Cream	
A selection of Homemade Cold Desserts and Yoghurts and Fruit	

Completed By .....